



2024 POOL SCHEDULE- February

**WW=Water Walking

MONDAY

5:00-9:00am
½ lap/ ½ WW

9:00-10:00am
Aquacise

10:00-11:00am
Private Lessons

11:00-1:00pm
½ lap/ ½ WW

4:00-4:30pm
Level 3 Lessons

4:30-5:00pm
Level 1 Lessons

5:00-5:30pm- Level 2
5:30-6:00pm- Level 4

5:00-6:00pm
Aqua Intervals

6:00-6:30pm
Lap swim

6:30-7:45pm
Swim Team

TUESDAY

5:00-9:00am
½ lap/ ½ WW

5:15-6:15am
Swim Team (2 lanes)

9:00-10:00am
AquaHIIT

10:00-11:00am
Private Lessons

11:00-1:00pm
½ lap/ ½ WW

WEDNESDAY

5:00-9:00am
½ lap/ ½ WW

9:00-10:00am
Aquacise

10:00-11:00am
Private Lessons

11:00-1:00pm
½ lap/ ½ WW

4:30-5:00pm
Level 1 & Level 2

5:00-5:30pm
Level 2 & Parent Child

5:30-6:30pm
Swim Team

6:30-7:45pm
Swim Team

THURSDAY

5:00-9:00am
½ lap/ ½ WW

5:15-6:15am
Swim Team (2 lanes)

9:00-10:00am
AquaHIIT

10:00-11:00am
Private Lessons

11:00-1:00pm
½ lap/ ½ WW

FRIDAY

5:00-9:00am
½ lap/ ½ WW

9:00-10:00am
Aquacise

10:00-11:00am
Guppy Swim

10:00-10:30am
Parent Child Lessons

10:30-11:00am
Level 1 Lessons

11:00-1:00pm
½ lap/ ½ WW

5:00-6:00pm
Lap Swim

6:00-7:30pm
Open Swim

SATURDAY

7:00-10:30am
½ lap/ ½ open

Questions? Contact us at 217-935-8307